

## Massage at the Press of a Button

Wellsystem Medical - the ideal way to complement your therapy service



Supplementing therapy, treatment on the Wellsystem Medical relieves pain and has a relaxing effect on patients suffering from mental stress, joint complaints and even osteoporosis among others. A 15-minute application, fully clothed, is enough to loosen up muscular tension, which at 43% is the most common cause of backache. Regular applications not least boost patient well-being and make every visit to the practice an enjoyable experience.

### Effects and Application of the Wellsystem Medical Massage

The Wellsystem Medical allows an individual adjustment to accommodate different reactions to the massage treatment. On one hand, the continuously variable intensity of the water jets on the body and the duration of the treatment applied to specific parts of the body, mean that the application can be calming and relaxing. Painful muscular hardening and spasms (e.g. caused by lengthy bending, incorrect driving position or when working at the desk) can be corrected. On the other hand, the Wellsystem massage can build up muscle tone, thus restoring functional stability to the skeletal structure.

The light, stroking massage, applied with gentle pressure, has a calming effect, reducing muscle tone (muscular tension). In contrast, stroking with increased pressure can raise muscle tone. Its effect depends therefore upon the intensity and upon the duration of the treatment. The jet slot applying this Wellsystem Medical massage moves from the foot end, stroking tissue and veins, towards the heart. The variable pressure makes it possible to apply an individual massage which corresponds

in length and intensity to the application of a manual underwater massage.

The jet massage of the Wellsystem Medical is comparable to a forceful massage of individual muscles and body regions. Depending upon the intensity of the treatment; tension is pressed out, all the way down to the deeper layers. Its effect corresponds to that of deep powerful strokes applied with the finger or with the back of the hands, during a classic massage.

The intensity can be adjusted to individual requirements and body build. The delicate spinal column is only massaged peripherally in order to avoid excessive excitation. The sickle shaped jet massage of the Wellsystem Medical is comparable in its effect to that of the underwater rotary massage.

It reaches all the important muscle groups whilst avoiding the sensitive parts of the body. Depending upon the pressure and the duration of the massage, all the soft body layers including the deep muscles are reached. This form of massage is particularly suitable for loosening muscle spasms and hardening but also for rebuilding the muscle tension required for correct muscle function.

Empirical tests have shown that the Wellsystem Medical massage can be used in practically every case where massage is prescribed as a supporting measure to physiotherapy. This type of massage is especially suitable for mental relaxation and regeneration in cases of job-orientated, psychological and sports stress. The gentle treatment over large areas of the body, accompanied by relaxing and calming heat, restricts the production of centrally controlled stress hormones (e.g. adrenaline, noradrenaline, and cortisol). Through the positive effect on the psycho-neuro-hormonal

Patient loyalty is the key word for the success of any modern business involved with the health and well-being of patients. Services that encourage this form of loyalty are the key to long lasting business success on the health market. Wellsystem Medical closes a gap in the provision of individually tailored health services. Its unique medical therapeutic concept combines the advantages of both, conventional and underwater massage with the positive effects of heat treatment and floating.



regulation, the body is set (by an anabolic state) to recovery, regeneration.

At the end of a Wellsystem massage, one experiences the same well-being as with the underwater massage without the need for a 20 to 30 minute rest period to stabilise the circulation (essential following underwater massage treatment). Instead, vessel and muscle toning are stabilised to such an extent by the massage treatment that full mental and physical performance potential is established.

### **Easy To Operate**

Operating the Wellsystem Medical is perfectly straightforward and can be done by members of the staff with a minimum effort. Treatment duration, water-jet pressure as well as massage types and areas massaged can be changed at any time during the massage. The application is self-explanatory, by means of a Joystick that shows pictograms of the areas massaged.

Using the Wellsystem chip cards, gives you the option to run specific massage programs. Compiled under medical aspects, in cooperation with physiotherapists and sports physicians, different programs are already stored on 3 cards. A press of a button is all it takes to activate massaging and to relieve your patient from tension and pain. On a blank chip card, you also have the possibility of saving a massage program that you have tailored to the specific requirements of your patient. The program is then ready and waiting to be used without the need for any further consultation the next time the patient visits your practice. Programming is easily done via Joystick.

The Wellsystem Medical needs only 2,3m<sup>2</sup> of space and can also be completed by cabin system and individually tailored curtain system. Thus any unused areas in a health facility can become an extra room for physiotherapy applications with a minimum of space requirement.

The effective full body massage by Wellsystem Medical will complement the range of therapies in a health care facility with a minimum effort. At the same time it will provide an additional earning potential for that facility and it will give a new sensation of physical and mental relaxation to their patients.

■ **For further information please contact:**

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